## Ingredients

125 g self-raising flour
1 egg

180ml milk
Oil for frying


## Method

1. Sieve the flour into the mixing bowl.
2. In a small bowl, whisk the egg and milk together.
3. Add the egg milk mixture to the flour and whisk with a fork until smooth.
4. Heat the frying pan and add a little oil.

5 . Add 30 ml of mixture
6. Cook for 2 minutes, until golden, and turn over.

