

## Ingredients

125g self-raising flour

180ml milk Oil for frying

1 egg



## Method

- 1. Sieve the flour into the mixing bowl.
- 2. In a small bowl, whisk the egg and milk together.
- 3. Add the egg milk mixture to the flour and whisk with a fork until smooth.
- 4. Heat the frying pan and add a little oil.
- 5. Add 30ml of mixture
- 6. Cook for 2 minutes, until golden, and turn over.